

Document/Form

Summer 2025 Fresh Foodbank Feedback

October 2025

In numbers

This summer we held four fresh foodbanks during the month of August. In total, we supported 363 families at an average spend of £32.94 per family per week.

Here is a breakdown of the numbers:

	Number of Families
Week 1	87
Week 2	94
Week 3	87
Week 4	95
Total	363

	Adults	Children
Week 1	124	183
Week 2	129	183
Week 3	125	181
Week 4	138	191
Total	516	738

Impact on our Clients

Our clients expressed a profound sense of relief at being able to access our weekly summer fresh foodbank programme. For many families, the long summer holidays can be especially challenging, particularly when it comes to putting food on the table.

The fresh food they received allowed them to “breathe”, easing the financial strain of feeding their children. Without this support, many would have had to rely on tinned or processed goods, which lack the nutritional value of fresh meat, eggs, milk, fruit, and vegetables. Several clients shared that, without the foodbank, they would have been forced to dip further into their overdrafts or seek help from family and friends - something that can often bring feelings of shame or embarrassment.

The positive impact of these foodbanks extended far beyond financial relief. The programme supported our clients' mental and physical wellbeing, enabling them to enjoy precious moments with their children over the summer — being present, rather than worrying about where the next meal would come from.



In words – Oasis Clients

- › *I am so grateful to Oasis for their incredible support. The fresh food banks during August provided such relief financially during the summer holidays when extra food is so dearly needed! Thank you to Oasis and everyone who works there, the volunteers and extra magic sprinkles of support. You really are a more than just a wonderful charity, your ongoing support and warmth, makes my feel like I have the strength to get through anything, even when some days are so incredibly tough. I am so blessed to have found you. Thank you 🙏*
- › *Thank you for the food bags this week. So many amazing things and I feel very blessed. You and Oasis (the team too) are just wonderful. Thank you*
- › *The fresh food on Thursday was also so super helpful and appreciated. The support through Oasis since the divorce - whether a helpful conversation, provisions or days out has been thoroughly meaningful and appreciated. 🙏*

In words – Our Community Partners

This feedback comes from two families referred through one of our community partners. The first is from a Ukrainian mother and teenage son who've had a particularly difficult time, having lost husband/dad in the war:

My son and I are sincerely grateful for your kind support and for the food parcels, which are a great help to us during this difficult time for our family. Everything is of very good quality and truly delicious. Thank you very much for your generosity and care.

This second quote is from a Syrian mum with two little girls who has also had a very hard time, having fled from an abusive marriage:

Thank you so much... the fresh fruit was very delicious and wonderful. I really appreciate your effort, and I'd be happy if you bring it again. 🌸

In Pictures



